VOLUNTEER

For More Information:

Contact your community or county office of emergency management, local police, fire, or health department and volunteer to participate in any of the Citizen Corps Programs being offered in your area.

Questions?

Contact the New Jersey State Police Office of Emergency Management at **609-963-6995.** Visit **citizencorps.gov** and **state.nj.us/njoem** for additional information on all the Citizen Corps Programs.

To Volunteer In Your Area:

(908) 454-8654 Ext. 3

oem@greenwichtownship.org

www.ready.nj.gov

JOIN OUR TEAM!

citizen corps

UNITING COMMUNITIES ~ PREPARING THE NATION

USAonwatch.org

medical reserve corps

CERT
COMMUNITY EMERGENCY RESPONSE TEAM

VIPS
Volunteers in Police Service

-YOU-
Can Make a Difference

FIRE CORPS

Mobilizing & Training Citizens to Help Our Country, Our Communities & Our Families

Be SAFER, STRONGER, & BETTER PREPARED

Get Involved —

NJ citizen corps

Hurricane Katrina and the terrorist attacks of September 11th, 2001 caused many Americans to wonder how they can help prepare their communities. The **Citizen Corps Partner Programs** listed below give citizens the opportunity to get involved. Citizen Corps' five federally sponsored partner programs help build capacity for first responders through the use of volunteers. Take a look and see where you fit in.

CERT COMMUNITY EMERGENCY RESPONSE TEAM

The **Community Emergency Response Team (CERT)** Program educates people about disaster preparedness and trains them in basic disaster response skills, such as fire safety, light search and rescue, and disaster medical operations. Using their training, CERT members can assist others in their neighborhood, school or workplace following an event and can take a more active role in preparing their community. **Call: 1-877-CERT-411**.

Neighborhood Watch works to provide information, training and resources to citizens and law enforcement agencies throughout the country. In the aftermath of September 11, 2001, Neighborhood Watch programs have expanded beyond their traditional crime prevention role to help neighborhoods focus on disaster preparedness, emergency response and terrorism awareness.

USAonwatch.org

The **Medical Reserve Corps (MRC)** Program strengthens communities by helping medical, public health and other volunteers offer their expertise throughout the year as well as during local emergencies and other times of community need.

medical reserve corps

VIPS Volunteers in Police Service

Volunteers in Police Service (VIPS) works to enhance the capacity of state and local law enforcement to utilize volunteers. VIPS serves as a gateway to resources and information for and about law enforcement volunteer programs.

The **Fire Corps** promotes the use of citizen advocates to enhance the capacity of resource-constrained fire and rescue departments at all levels: volunteer, combination, and career. Citizen advocates can assist local fire departments in a range of activities including fire safety outreach, youth programs, and administrative support.

FIRE CORPS

GET TRAINING
- *Support First Responders*

KNOW WHAT TO DO IN AN EMERGENCY
- *Assemble a Disaster Supplies Kit*
- *Create an Emergency Plan*

FIGHT TERRORISM
- *Be the Eyes & Ears of Law Enforcement*

Role of CERTs in an Emergency

CERTS have been used to:

- Search for lost or kidnaped children
- Staff Emergency Operations Centers and monitor events
- Emergency Operations Center security; driving, information, assisting disabled visitors and minor first aid
- Manage "spontaneous/convergent" volunteers
- Assist Red Cross and other relief organizations on mass care

How Can I Join?

To become a CERT member you must be at least 18 years of age..

If you want to volunteer your services and become trained to protect yourself and families from disasters; natural or man-made..... *Become a CERT member.*

For more information, contact your local or county emergency management coordinator or the New Jersey State Police Office of Emergency Management CERT Training Coordinator at 609-963-6995, or call 1-877-CERT-411. You can also visit our website: www.state.nj.us/njoem.

CERT
COMMUNITY EMERGENCY RESPONSE TEAM

citizen corps

MITIGATION ★ PREPAREDNESS ★ RESPONSE ★ RECOVERY
STATE OF NEW JERSEY OEM OFFICE OF EMERGENCY MANAGEMENT

FEDERAL EMERGENCY MANAGEMENT AGENCY

CERT
COMMUNITY EMERGENCY RESPONSE TEAM

NJ REMEMBERS SEPTEMBER 11

Become a

CERT
COMMUNITY EMERGENCY RESPONSE TEAM

VOLUNTEER

Be Part of an Organized Team Trained to Protect & Save Families & Communities

MITIGATION ★ PREPAREDNESS ★ RESPONSE ★ RECOVERY
STATE OF NEW JERSEY OEM OFFICE OF EMERGENCY MANAGEMENT

CERT—What is it?

The Community Emergency Response Team (CERT) program helps train people to be better prepared to respond to emergency situations in their communities. When emergencies happen, CERT members can give critical support to first responders, provide immediate assistance to victims, and organize spontaneous volunteers at a disaster site. CERT members can also help with non-emergency projects that help improve the safety of the community. CERT is a nationwide initiative.

The events of September 11 will never be forgotten; also not forgotten is how the spirit of America was awakened that day and citizens came forth to volunteer their services. President George W. Bush harnessed this spirit of volunteerism with the Citizen Corps program. CERT is a part of the Citizen Corps Program.

Course Overview

The CERT training consists of 20 hours of instruction over an eight-week period. Classes are taught by emergency responders, including firefighters, emergency medical and law enforcement personnel from your community. The course includes the following:

Session I: Disaster Preparedness
Introduction to disasters specific to the community, and the impact of disaster on infrastructure.

Session II: Disaster Fire Suppression
Identifying and reducing potential fire hazards and basic fire suppression.

Session III:
Disaster Medical Operations Part I
Treatment strategies for life-threatening conditions and principles of triage.

Session IV:
Disaster Medical Operations Part II
Head-to-toe patient assessment and treatment for various injuries.

Session V:
Light Search & Rescue Operations
Techniques for sizing up and searching, lifting, cribbing and removing victims; rescue safety.

Session VI:
Disaster Psychology & Team Organization
The post-disaster emotional environment will be discussed. CERT organization, decision making and documentation.

Session VII: Terrorism
A brief overview of terrorism weapons. Identifying targets in an area and discuss time/distance/shielding.

Session VIII: Final Exercise
Disaster Simulation realistic to your community.

COMMUNITY EMERGENCY RESPONSE TEAMS

CERT Training Will Teach Participants to:

- Describe the types of hazards most likely to affect their homes and communities.
- Describe the function of CERT and their roles in immediate response.
- Take steps to prepare themselves for disaster.
- Identify and reduce potential fire hazards in their homes and workplaces.
- Work as a team to apply basic fire suppression strategies, resources, and safety measures to extinguish a burning liquid.
- Apply techniques for opening airways, controlling bleeding, and treating shock.
- Conduct triage under simulated conditions.
- Perform head-to-toe assessments
- Select and set up a treatment area.
- Employ basic treatments for various wounds.
- Identify planning and size-up requirements for potential search and rescue situations.
- Describe the most common techniques for searching a structure.
- Use safe techniques for debris removal and victim extrication.
- Describe ways to protect rescuers during search and rescue.